Nau mai, haere mai ki

Press Pause

Press Pause is a digital resource that exists to help adults understand, recognise and respond to concerning sexual behaviour of rangatahi.

What can I learn?

Use Press Pause to grow your confidence working with rangatahi by:

Understanding common behaviours.

Learning to recognise harm.

Using tools to help you respond effectively.

Each module on our site is full building blocks that compile advice, resources, tools, scenarios and research to help you.

presspause.co.nz

The topics we cover

While the term 'concerning sexual behaviour' includes a wide range of topics, we've tackled six key areas.

The key areas are:
– boundaries
– online behaviour
– pornography
– sexualised language
– sexualised images
– unwanted sexual touch.

Our traffic light framework

**You'll find this in the 'recognise' section.
It provides a framework for recognising harm.**

We want to guide rangatahi towards the green light, where safe and mana-enhancing behaviour exists.

The orange light is when something's not right and needs a pause for reflection and change.

Occasionally, behaviour escalates to the red light, where your response requires more action and support.

Need further support?

Sometimes, sexualised behaviour can be complex. If you need further support, feel free to get in touch.

STOP	**WellStop**	**Safe Network**
03 353 0257	04 566 4745	09 377 9898

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